



GLITTER

Newsletter

May 2026

Blog posts & Articles

Transnational Lessons for Digital Education

The GLITTER Project's Transnational Synthesis Report examines how 4 countries are addressing digital wellbeing in education. It highlights shared challenges, different national approaches, and the growing importance of whole-school strategies.

[Read more](#)

GLITTER at the Theories of Change in Digital Wellbeing Conference

The GLITTER Project was presented at the international conference "Theories of Change in Digital Wellbeing", bringing together experts in education and innovation.

The project's goals, key findings and platform progress were shared, highlighting the role of education, innovation and collaboration in fostering positive digital experiences and reinforcing GLITTER's mission to support evidence-based, Whole-School Approaches to digital wellbeing.

[Read more](#)

Project: 101195721 – GLITTER – ERASMUS-EDU-2024-POL-EXP

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From Concept to Practice: GLITTER's Framework for a Whole School Approach to Digital Wellbeing

The GLITTER Erasmus+ Project has completed its framework for a Whole School Approach to Digital Wellbeing, marking an important step from research to implementation.

Designed for real school settings, the framework helps embed digital wellbeing into everyday school structures, practices, and culture. It includes a practical roadmap, along with tools, templates, and indicators to support action, monitoring, and continuous improvement. With equity and inclusion at its core, the approach supports schools in building coherent and sustainable digital wellbeing practices over time.

[Read more](#)

From Framework to Action: Introducing GLITTER's Online Self-Evaluation Matrix for Digital Wellbeing

The GLITTER Project introduces its Online Self-Evaluation Matrix for Schools on Digital Wellbeing, a practical tool designed to help schools reflect on current practices, identify strengths and gaps, and plan improvements.

Built around seven key domains, the matrix supports a Whole School Approach by encouraging shared reflection, action planning, and continuous progress. The tool will be available in all five project languages through the GLITTER e-learning platform, which is currently under development, supporting schools in building safer, healthier, and more inclusive digital environments.

[Read more](#)

Events

01

GLITTER Workshop at the Cyprus Red Cross Youth Conference



On 15 November, CARDET organised a workshop on digital tools with students at the Red Cross premises, as part of the 29th Pancyprian Conference of the Youth Department of the Cyprus Red Cross.

Under the theme “Empowering Youth: Well-being, Learning, Participation”, the event brought together young people for a dynamic day of dialogue, ideas, and engagement on how to support youth wellbeing, learning, and active participation.

02

GLITTER at the Cyprus Pedagogical Institute

On 11 December, the GLITTER Project was presented at the Cyprus Pedagogical Institute during Secondary Education Teacher’s Day, with CARDET contributing workshops and insights on innovative teaching approaches.



The event explored how creative methods and practical tools can enhance student motivation and participation, while also offering a valuable opportunity to connect with educators and discuss the role of innovation in education.

03

GLITTER at All Digital Weeks Campaign

Glitter

Ενίσχυση της ψηφιακής ευημερίας των μαθητών μέσω αποτελεσματικών διδακτικών πρακτικών και ψηφιακών περιβαλλόντων

CARDET Follow

Ψηφιακή ευημερία δεν είναι απλώς μια έννοια, είναι μια καθημερινή επιλογή... See more

ΣΚΟΠΟΣ: Ανάπτυξη και δοκιμή μιας ολιστικής σχολικής προσέγγισης για την ενίσχυση της ψηφιακής ευημερίας μέσω τεκμηριωμένων εργαλείων και πρακτικών (DigCo)

ΓΙΑΤΙ ΝΑ ΣΥΜΜΕΤΕΧΕΤΕ:

- Διευρύνει πρόσβαση σε ένα ολοκληρωμένο πλαίσιο και καινοτόμο υλικό (π.χ. εργαλεία για γονείς, mini games, wikis για μαθητές) για την ψηφιακή ευημερία
- Εκπαίδευση σε πρακτικά εργαλεία για την ψηφιακή ασφάλεια και ευημερία.
- Συμβολή στη διαμόρφωση της μελλοντικής εκπαιδευτικής πολιτικής, πιλοτώντας και παρέχοντας ανατροφοδότηση σε μια καινοτόμο προσέγγιση για την προώθηση μιας κουλτούρας ψηφιακής ευημερίας στην εκπαίδευση.

ΔΡΑΣΤΗΡΙΟΤΗΤΕΣ (2026 - 2027) σε 5 σχολεία:

- Αρχική διάγνωση αναγκών (δείκτης GLITTER)
- Εκπαίδευση εκπαιδευτικών στα εγχειρίδια
 - παιδαγωγικές προσεγγίσεις σχετικές με το θέμα
 - προώθηση των μαθητών τους ως μεντόρων
 - διοργάνωση εργαστηρίων για γονείς
- Εργαστήρια με μαθητές/τριες
- Εργαστήρια με γονείς
- Μέτρηση αντικτύπου (δείκτης GLITTER)

ΚΡΙΤΗΡΙΑ ΕΠΙΛΟΓΗΣ: ανοικτό

ΟΜΑΔΑ - ΣΤΟΧΟΣ:

- εκπαιδευτικοί πρωτοβάθμιας και δευτεροβάθμιας εκπαίδευσης
- μαθητές πρωτοβάθμιας και δευτεροβάθμιας (10- 14 χρονών)
- γονείς

CARDET represented the GLITTER Project at the All Digital Weeks 2026 Campaign through the online seminar “Digital Wellbeing from Theory to Practice: Building Healthy Digital Habits”.

During the session, CARDET presented the project’s goals and upcoming activities for schools, while contributing to wider discussions on digital wellbeing, digital skills, inclusion, and empowerment.

04

GLITTER at the Learning More Festival

From 20–22 February 2026, the GLITTER Project was presented at the Learning More Festival in Modena, Italy, organised by Future Education Modena. The festival brought together educators, professionals, companies, and students to explore the future of learning in the age of AI.



Through sessions, workshops, and discussions, participants exchanged ideas on educational innovation, digital transformation, and learning sciences. GLITTER’s participation helped position the project within this broader dialogue on innovation and the future of education.

05

GLITTER Dissemination Activity in Arad



The Center of Research Development and Innovation in Psychology, together with the Career Guidance and Counseling Center of Aurel Vlaicu University of Arad, conducted a 2-hour GLITTER dissemination activity with 10th and 11th grade students from Adam Müller Guttenbrunn German High School.

The session addressed digital wellbeing, online safety, and responsible technology use, exploring challenges such as screen time, cyberbullying, FOMO, misinformation, privacy, and security. Through interactive activities, students reflected on their digital habits while strengthening self-regulation, critical thinking, and balanced technology use.

It also highlighted the Whole School Approach and GLITTER's mission to promote safer, healthier digital experiences.

06

GLITTER at the Pan-Cyprus Educational Conference for School Principals

GLITTER was presented at the Pan-Cyprus Educational Conference for School Principals, attended by 200 school leaders.

Co-organised by CARDET, the conference focused on current challenges in today's schools, the future of school leadership, and the exchange of experiences among education professionals.



Next Up

Launching the GLITTER e-learning space

In the coming months, the GLITTER e-learning platform will be launched as a central digital space for schools, educators and project stakeholders to access the project's tools, resources and learning materials.

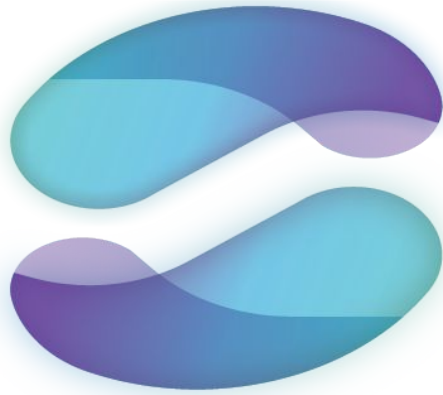
Currently under development, the platform is being refined and tested ahead of its full release at the start of the pilot phase. It will bring together capacity-building materials, teacher training resources, classroom implementation tools, digital resources such as minigames and the wiki, peer mentoring materials, Wise Digital Parenting activities, and evaluation support content.

A key feature will be the Online Self-Evaluation Matrix for Schools on Digital Wellbeing, integrated as an online questionnaire and available in all five project languages. Educators will complete it within the "Digital Wellbeing" section, while administrators will access results to support monitoring, analysis and informed decision-making.

By bringing everything together in one accessible environment, the platform will support professional development, evidence-based reflection and practical action for digital wellbeing in schools.

Read more: [here](#)

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