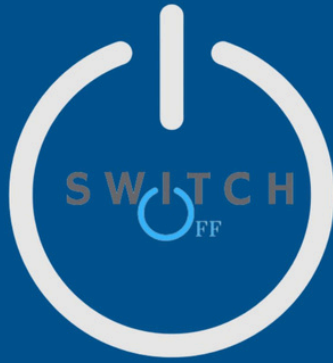


3rd Newsletter

April, 2024



SwitchOff

Supporting worker's well being during remote work

Project No: 2022-1-PL01-KA220-VET-000085734

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the National Agency (NA). Neither the European Union nor NA can be held responsible for them.

Greetings, SwitchOff Supporters!

As we delve deeper into the realms of remote work, our commitment to nurturing the well-being of workers remains unwavering. Since our last rendezvous, our tireless efforts have taken us on a journey brimming with insightful activities and enriching discussions. Here's a glimpse into what transpired:

Our partners have been relentless in their pursuit of knowledge sharing and enlightenment. The corridors of our virtual space echoed with the resonance of thought-provoking articles and discussions, each aimed at unraveling the mysteries of disconnecting from the digital domain.



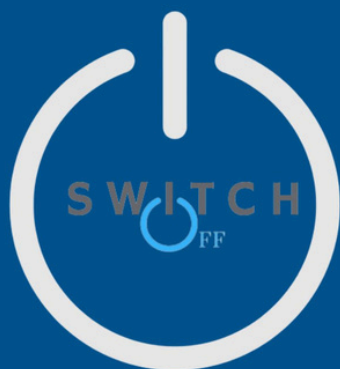
Online "Train the Trainers" Workshop, 27th of February, 2024

Within the hallowed halls of WP3, we orchestrated an enriching Online "Train the Trainers" workshop. The event served as a beacon of enlightenment, empowering our team with the tools and insights necessary to spearhead the crusade for worker well-being. With newfound knowledge in tow, we stand poised to ignite change and inspire others to follow suit.



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Amidst the ebb and flow of the digital tide, our online meetings have emerged as bastions of collaboration and camaraderie. These virtual rendezvous have served as melting pots of ideas, where minds converge, and innovation flourishes.



But hold onto your hats, dear readers, for the best is yet to come! As we forge ahead on our quest to revolutionize remote work, be prepared to witness the unveiling of our innovative quality learning material. Tailored specifically for HR practitioners and managers, these modules are poised to redefine the landscape of remote worker support. Stay tuned for a series of activities dedicated to testing these groundbreaking resources, designed to facilitate the recovery process for remote workers.

Best Regards,
Switchoffthework Team



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