





# Case Study

## Cyprus

### One day in the shoes of “The Other”

#### Expectations

Already from the beginning of the course the most important expectation that I had was to learn more about the differences between cultures and especially with a focus on the differences between the Western and Eastern countries in different perspectives, such as food, habits, behaviors etc. For me, as a migrant worker in Cyprus who has to contact Cypriot people everyday, it was really important to understand the way Westerns live in order to understand the Cypriots. In my mind this would help me be more effective in my communication with them. Also, it would support my integration to the Cypriot environment.

#### What have I learned?

I have learnt a lot about the different habits and mentality of Westerns, their behaviors, their habits even their mentality. I was also able to understand how these differences affected the way we Filipino interact with them. During the course I had the chance to realize that it is important to interact with people from other countries so to learn from them.

Specifically, when we were watching the videos and after the discussions and activities that were implemented I reflected on cultural habits both of the native people and also of myself. I am now able to recognize that I have also some “rude” behaviors for others and that I need to understand them in order to be able to communicate. After a very deep discussion with the girls from the rest of the group, we agreed that the main idea is that both sides (migrants and natives) need to be open and interact in order for multiculturalism to work.

Overall, I found the training very useful and it helped me not to judge some behaviors that I don't understand. I hope that I will have the chance to participate to similar training in the future.

#### Participant's quote

*“We see others differently. We should adjust and understand each culture. We should respect...it's culture. Because we interpret differently...a lot of things are different..but because now we know we understand...”*

#### Thought for the Other

Now I see people from different cultures with a different perspective. I believe that I should be able to adjust in the host society and understand each culture because each culture has a different interpretation.

